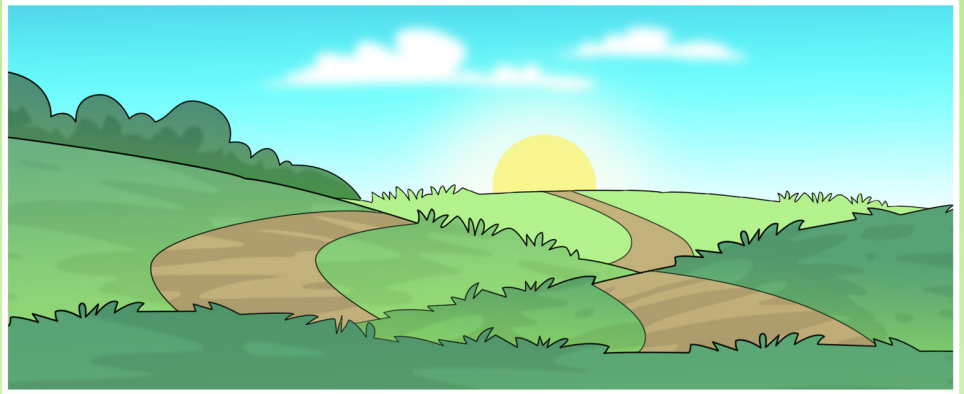


Summer Praise

Scavenger Hunt



Together as a family, look out of your window, or go for a nature hunt outside!

As you go through the activities, read **Psalm 23**, and remember that God that God is always caring for us.

1. Follow a forest path or trail.

'You, Lord, are my shepherd. I will never be in need.' v1

God promises to take care of us. He knows everything that we need and will look after us.

- What can you spot that helps you know the way? (Signposts, landmarks, paths, etc.)
- How many dogs do you pass on your walk? Maybe you can even see sheep or other animals. What do you think Jesus called himself "the good shepherd?"



2. Find a safe place to lie down.

"You let me rest in fields of green grass."v2

God likes us to enjoy spending time in his creation. He shows us things from a different perspective.

- From this position, what do you notice about the sky? How does the ground around you look different from this angle?
- How does it feel when you relax on the ground like this? Do you want to lie still or roll around? What is God showing you?

3. Find some water. Float some sticks in the water, skim stones, catch a raindrop on your tongue, or jump in a puddle.

"You lead me to streams of peaceful water." v2

We need water to live, and God provides water for us.

- If it's very dry and hot, you might need to look a bit harder for signs of water. Where are the plants and animals getting their drinks from?
- Think about all the ways God has provided for you. Can you count your blessings as you walk along?
- Enjoy a cup of cold water. Give a cup of cold water to someone else.

4. Spot some trees in full leaf, flowers in bloom, or a beautiful butterfly.

"...you refresh my life." v2

Being outside is good for us. Notice your body moving, your lungs taking deep breaths of air, and your eyes watching beautiful and interesting things around you.

- Take a photo, draw a picture, write a poem or make up a song about something that you can see that makes you feel happy.
- Research what you have seen when you get home. Find out more about God's amazing creation. You could go to the library or look online.
- Share your art or research with someone else — refresh their life too!

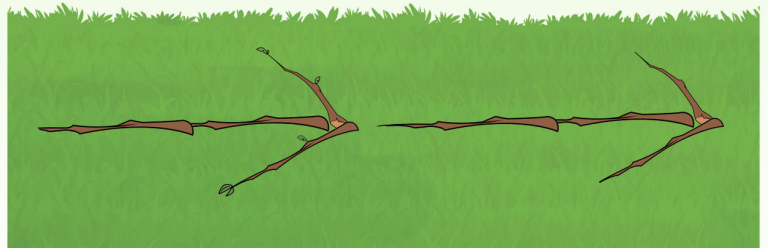


5. Play follow-the-leader or make a trail for someone to follow.

"You are true to your name, and you lead me along the right paths. I may walk through valleys as dark as death, but I won't be afraid. You are with me, and your shepherd's rod makes me feel safe." v3-4

God shows us the right way to go. We can trust him with our decisions and worries. He walks with us.

- Make a trail for someone to follow. Place sticks in the shape of arrows for them to follow.
- Make a treasure trail for someone else to find later.
- Make a map of your walk for someone else to follow.
- Do you have any decisions or worries? Talk about them to God, and ask him to help you?





6. Make a crown out of flowers.

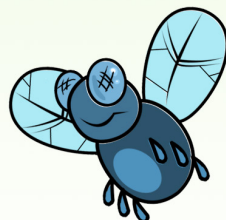
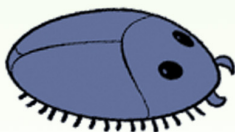
"You treat me to a feast, while my enemies watch. You honor me as your guest, and you fill my cup until it overflows." v5

We are precious and special to God. He has more amazing things in store for us than we could possibly imagine! God will always look after us.

- Stop for a picnic or a snack. Imagine a banquet in heaven and a cup that is overflowing with a drink. What would that be like?
- Putting oil on someone is a sign that God is with them. How do you see that God is with you?
- This Psalm says that life can be hard. God provides for us and protects us even "while my enemies watch." Think about any difficulties or worries that you have. Then think about how God is still with you.

8. Can you find any other signs of summer?

- Butterflies Frogs Cut Grass
- Flowers Grasshoppers Bugs and Beetles



7. Listen to the sounds of nature.

"Your kindness and love will always be with me each day of my life, and I will live forever in your house, Lord." v6

Whenever we walk outside, we are surrounded by plants and animals. Some are big and loud and obvious, like a huge tree, swaying and rustling in the wind. Some are microscopic or very quiet, or even underground. God's goodness and love are all around us too, and he promises us that he will always be with us.

- How many sounds can you hear when you stand still and listen? How many sounds can you hear when you put your ear down to the ground?
- Join the sound of this beautiful noisy creation. Whisper with swaying grasses. Answer a bird's call with a beautiful whistle. Shout with trees in the noisy wind. Pray out loud and thank God that he is always with us.

